

TRINITY Methodist Church 2019

Thy Will Be Done



Holy week in TMC

① PALM SUNDAY

14 April 2019

Usual services in Church Sanctuary

② MAUNDY THURSDAY

7:30pm, 18 Apr 2019

BM (District Combined) at Siong Tau Methodist Church
English & Chinese (District combined) at TMC Sanctuary

③ PRAYER VIGIL

9:30pm of 18 April (Thurs) to 2:30pm of 19 April (Fri)

④ GOOD FRIDAY

3pm, 19 April 2019

Combined Tri-lingual service in Sanctuary

(Breaking fast together after the service with bread, cake, and snacks;
You are invited to bring something to share and fellowship)

⑤ EASTER SUNDAY SERVICE

7am, 21 April 2019

Combined Tri-lingual service in Sanctuary

(You are invited to bring a stalk of fresh flower to decorate the cross
symbolizing newness of life)

THE DAYS OF HOLY WEEK

The holy week is the last week of Lent, the week preceding Easter. This week, as a body of Christ, we come together to commemorate the suffering (Passion) and death of our Lord Jesus through various observances and worship service.

On **Palm Sunday**, we remembered the triumphal entry of Jesus into Jerusalem for Passover celebration, where people were excitedly waving palm branches and proclaiming Jesus as the Messiah.

Maundy Thursday- Maundy is usually translated as “commandment”. TMC will observe few significant events that occurred during the last meal Jesus shared with His disciples. This night we will observe communion and feet washing to remind us of Jesus’ commandment to love and serve one another and to imitate Jesus’ humility and the spirit of servant hood.

At the end of the service, lights in the sanctuary will be gradually dimmed. Let the darkness reminds us of the dark hours approaching Jesus’ life and His loneliness caused by the abandonment of His disciples.

Prayer Vigil -We will continue to remember Jesus’ suffering and observed it by fasting and praying.

Good Friday – On this day, the church remembers Jesus’ arrest, his trial, crucifixion and suffering, death and burial. It is a day of mourning and meditation for us to remember the hours of torture and humiliation that Our Lord had to suffer as a consequence of our sins. As we focus on the cross and His sacrifice, let us reflect, repent, pray and also give thanks to God who took this gruesome crucifixion and did something absolutely incredible with it, turning it into the day of ultimate forgiveness.

As we mourn, the church altar would be stripped of any decorations and covered with black or purple cloth. Only a crown of thorns and the cross would be present. Let it be a reminder to us that Christ was stripped of His dignity and humiliated for us.

Easter Let us celebrate as Jesus had risen and He is triumphant over death!! The shameful Friday cross has become the glorious cross bringing us salvation, reconciliation, love, joy and peace with God.

How Do I Fast?

Fasting confirms our total dependence on God by finding Him as a source of our sustenance beyond food. On the night that Jesus was betrayed, He asked His disciples to watch and pray. This year, we at Trinity would like to spend the whole night of Thursday and part of Good Friday to fast.

This is in line with the practice of John Wesley who throughout his life fasted from after dinner on Thursday until tea time on Friday.

We will start fasting after the Maundy Thursday Holy Communion Service and will breakfast together on Friday after the Good Friday service.

There are 3 formats of fasting and we encourage you to select one that is most appropriate for your health and lifestyle.

1. **TOTAL FAST** - Abstain from all solid food for the designated period. Take only water.
2. **ONE MEAL FAST** - Sacrifice either your breakfast or lunch on Friday. Use that time to pray.
3. **DANIEL FAST** - follow the example of Daniel in abstaining from meat and other delicacies. Take only small portions of fresh vegetables, fruits and juice

Things To Note:

- During the full fast, you can drink more water, and live your normal life (Mat 6:16-18).
- Use the regular meal times to pray. Praying, singing, reading the bible, meditating, being silent, or anything else, is for drawing near to God and trusting in Him fully.
- When breaking fast, do not eat too much too quickly. Eat some light porridge, biscuits, or juice, and then slowly increase the quantity of food intake.

Prayer Vigil

Venue : Chapel

Throughout the prayer vigil, members are encouraged to join in the fast. Please read the next page for fasting guidelines.

9:30pm (Thursday) to 3am (Friday)
ENGLISH
3:00am to 3:30am BREAK (Please bring your own drinking water)
3:30am (Friday) to 9am (Friday)
华语
9:00am to 9:30am 休息 (请自己携带饮用水)
9:30am (Friday) to 2:30pm (Friday) -
BAHASA MALAYSIA

